

SPLASH NEWS

WELCOME TO THE 2010 HUNTSVILLE LAKER SEASON

NEWSLETTE

April 26, 2010



The Laker Team Swim Suits will be for sale **Monday, May 3rd**, from 4:30-6:30. In addition, goggles and practice suits will be available. **No credit cards, please.** All 3 sessions will be held, but please be sure to pay for the suit before allowing your child in the pool.



TIME TRIALS

will be

Sat. May 8th

BE SURE TO

SIGN UP!

Monday, May 3rd— be sure to sign up for events for Saturday's time trial meet. Each swimmer can swim up to 5 individual events depending on their age level at this first meet. This is a good opportunity to have your swimmer try all the events and get a time for each stroke. Swimmers must sign up to participate in each meet. On Wednesday check your swimmer's entries to be sure they are correct. No changes are made after Wednesday. The times swimmers earn at this meet are used for seeding purposes at the dual meets.



Correction: The Huntsville Lakers will be sponsoring the "Prison City Splash and Dash" on Sunday June 13th, not June 6th as was printed on the calendar. Please update your calendars!

UPCOMING

<i>Swim Suit Day</i>	<i>May</i>
<i>All 3 practices</i>	<i>3rd</i>
<i>Time Trials—be at the pool 9am</i>	<i>May 8th</i>
<i>Picture Day</i>	<i>May 10</i>
<i>Huntsville vs. Brenham at Home</i>	<i>May 15</i>
<i>Meet at Navasota</i>	<i>May 22</i>
<i>Huntsville vs. Bryan at home</i>	<i>May 29</i>
<i>Meet at Lee County (Giddings)</i>	<i>June 5</i>
<i>Huntsville vs. College Station</i>	<i>June 12</i>

SATURDAY, MAY 8TH—TIME TRIALS


Time Trials will be Saturday morning May 8th. Times and Schedule to be announced. Parents will need to be there early to set up the tents and benches. Be sure to bring sunscreen, blankets, umbrellas, chairs, snacks, caps, etc. **As soon as swimmers arrive at the pool, they need to check in with their age group parent and then stay with them during the meet.**

A **parent meeting** will be held prior to the beginning of the Time Trials to explain the meet and the parental duties and responsibilities.

POOL NOTES:



We are guests at the aquatic center, and we need to remember to pick up after ourselves. **No swimmers are allowed in the recreational pool on practice days or at any meets.** The coaches ask that parents and swimmer's siblings sit in the assigned parent area during practices.

 **Drink Fund-Raiser** - Each family is asked to bring a 12-Pack of a *Coca-Cola* product (*Coke, Minute Maid, Mr. Pipp, Barq's Root Beer, and Dasani*) as a fund raiser for the team no later than May 8th at time trials. Please make sure to check your *Coke* products in at the sign-up table, so we can keep track of them. They will be sold at the meets. Only *Coke* products can be sold at the Aquatic Center.

Heat sheet (meet program) ads are available for sale the week of May 3rd. Ask about them when you sign up for Time Trials

Be sure to pick up your newsletter each week from the ribbon box.



What to Expect at a Meet: Each event is divided by age group and stroke (freestyle for example). Every age group swims an event until all swimmers have competed and then the next event begins. Each event is divided into heats. Each heat has 6 to 8 swimmers that are close in times with slowest swimmers starting the events with the fastest swimmers last. A swimmer can win in his heat, but may not win the event. The events are in the same order at each meet so swimmers quickly learn their event numbers. Swimmers will be called to the ready bench a few events before their next event so they can be placed in the correct heat and lane. It is therefore very important for swimmers to stay with their age group parent during the meet so they can be found when it is time to go to the ready bench. Swimmers can be scratched from an event if they miss the ready bench.

ALL Parents are expected to help at the swim meets so the meets move smoothly and quickly. Volunteers are needed to hand out heat ribbons, time events, assist with the ready bench, bring water to the officials and timers, run time cards from the timers to the computer operator, assist with the ribbons, set up and take down equipment for the meets, and much more. **We need several parents to put up tents on Saturdays before the meets.**

www.huntsvillelakers.net

Make the Laker website your home page. Whenever you use the *Google* search on our website, the Lakers receive a small fee. On the website you can also sign-up for Laker e-mails. In addition you will find this year's time standards for invitational meets, as well as team records, meet results, maps to swim meets, and *Splash News*. Please check our website if the weather looks bad before a swim meet. Rainout information will be updated regularly.



Team pictures will be taken on May 10th. More info next week.
Be sure to wear the team swim suit.

Looking forward to a fun and successful 2010 swim season, GO LAKERS!