

Huntsville Lakers Swim Team

TIMESTD STANDARDS Yards**Girls 6 & Under**

	PON	AS	BLUE	RED
25 Free	23.05	28.28	26.94	30.46
25 Back	27.40	32.99	31.64	35.93

Girls 7-8

	PON	AS	BLUE	RED
25 Free	17.47	19.88	19.16	20.51
25 Back	21.70	24.78	23.98	26.36

Girls 8 & Under

	PON	AS	BLUE	RED
25 Breast	24.05	28.60	26.82	29.66
25 Fly	20.50	25.78	23.49	26.48

Girls 9-10

	PON	AS	BLUE	RED
25 Free	15.00	16.78	16.64	17.53
25 Back	18.85	21.60	20.50	22.15
25 Breast	20.05	23.06	22.75	24.60
25 Fly	16.78	20.38	19.03	20.88

Girls 10 & Under

	PON	AS	BLUE	RED
100 IM	1:26.95	1:37.00	1:37.32	1:47.18

Girls 11-12

	PON	AS	BLUE	RED
50 Free	29.85	33.47	32.70	34.95
50 Back	36.10	43.00	40.00	43.54
50 Breast	39.75	45.37	43.98	47.75
50 Fly	34.68	41.00	38.90	42.96
100 IM	1:18.75	1:27.90	1:27.18	1:34.00

Girls 13-14

	PON	AS	BLUE	RED
50 Free	28.65	31.99	31.45	34.15
100 Free	1:05.05	1:12.30	1:11.63	1:17.20
50 Back	34.28	40.99	38.60	42.70
50 Breast	38.23	44.40	42.18	46.08
50 Fly	32.36	39.10	36.53	40.55
100 IM	1:14.00	1:22.00	1:23.50	1:32.00

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TIMESTD STANDARDS Yards**Girls 15-18**

	PON	AS	BLUE	RED
50 Free	28.22	30.65	31.19	34.00
100 Free	1:03.00	1:09.80	1:09.60	1:15.50
50 Back	33.52	40.40	38.24	42.96
50 Breast	37.70	43.00	41.70	46.89
50 Fly	31.42	37.60	35.47	39.52
100 IM	1:12.68	1:20.00	1:21.36	1:30.06

Boys 6 & Under

	PON	AS	BLUE	RED
25 Free	22.80	28.67	26.21	29.67
25 Back	28.25	34.99	32.13	36.29

Boys 7-8

	PON	AS	BLUE	RED
25 Free	17.37	20.08	19.61	21.31
25 Back	22.10	26.08	25.11	27.54

Boys 8 & Under

	PON	AS	BLUE	RED
25 Breast	24.03	29.68	27.12	30.41
25 Fly	21.41	26.68	24.63	27.65

Boys 9-10

	PON	AS	BLUE	RED
25 Free	15.14	16.88	16.53	17.58
25 Back	19.39	21.99	21.30	23.20
25 Breast	20.52	23.88	23.17	25.21
25 Fly	17.12	21.08	19.95	22.38

Boys 10 & Under

	PON	AS	BLUE	RED
100 IM	1:29.29	1:39.00	1:39.99	1:49.80

Boys 11-12

	PON	AS	BLUE	RED
50 Free	29.90	34.70	33.13	36.10
50 Back	36.99	44.44	41.70	45.77
50 Breast	39.99	48.02	44.95	49.27
50 Fly	35.05	44.10	39.87	44.77
100 IM	1:19.99	1:32.00	1:29.37	1:39.00

Boys 13-14

	PON	AS	BLUE	RED
50 Free	26.76	29.40	30.51	33.25

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TIMESTD STANDARDS Yards

Boys 13-14

	PON	AS	BLUE	RED
100 Free	59.25	1:06.20	1:06.40	1:13.30
50 Back	33.35	38.38	37.58	41.76
50 Breast	35.90	41.08	40.51	45.02
50 Fly	30.61	37.20	34.44	38.26
100 IM	1:11.06	1:17.08	1:21.19	1:31.31

Boys 15-18

	PON	AS	BLUE	RED
50 Free	24.59	27.10	27.49	30.76
100 Free	54.99	1:01.80	1:01.42	1:07.85
50 Back	30.25	37.80	34.50	38.75
50 Breast	33.60	39.00	37.57	41.85
50 Fly	27.80	33.70	31.57	35.57
100 IM	1:04.54	1:11.08	1:12.00	1:19.66